
how to... conduct communion

We believe, as Christ taught and participated with His Disciples at the Last Supper, we are commanded to have communion with one another until He returns in order to remember His death.

We encourage our Small Groups to have Communion at least once a quarter, or more if you they would like to. This creates a bond among believers. All group members can take turns leading Communion within your group. What a great time of fellowship and worship this can be!

What do I need?

- Saltine crackers, torn bread, torn tortillas, or oyster crackers.
- Grape juice.
- The Small Group Department can give you crackers and cups for communion, just ask for some.

What do I do?

- Provide your group with some context by reading a passage of Scripture about Jesus' death, burial, and resurrection. These are good options: **Psalm 22; Isaiah 53; Mark 15:21-29; John 19; I Corinthians 15:1-8; Galatians 2:16-21; Ephesians 2:1-10; Philippians 2:1-11**
- Pass the bread or crackers first, then read **1 Corinthians 11:23-24**. Have everyone eat the bread.
- Pass the juice and read **1 Corinthians 11:25-26**. Have everyone drink their juice.
- After everyone has taken communion, encourage each member to spend a few minutes in prayer and reflection.
- When Jesus' followers first celebrated communion, they probably shared a meal and told stories about the things Jesus had done while he was with them and the things he had done since his ascension. If your group wants to, everyone can share things that Jesus has done in their lives.

If you have any questions, please feel free to call the Small Groups Director for more information at 720.895.9000 ext. 9029.